IF YOU ARE A FAMILY WITH A CHILD PRENATAL-15 MONTHS IN PIERCE, POLK, OR ST. CROIX COUNTIES, JOIN OUR FREE CLASS!



# Winter Baby & Me

## WHAT IS BABY & ME?

Babies don't come with instruction manuals!

Baby & Me is a play and discussion hour for all parents/caregivers with infants (up to 15 months) in Pierce, Polk, and St. Croix Counties. Connect with others wanting the best for their children, too!

Ask questions about your child's development, discuss concerns with a Parent Educator, and share your parenting highs and lows.

We will cover topics such as:

- Nutrition
- Sleep
- Crying
- Games & Songs
- Self-Care
- Normal Infant Development/Differences

-ENJOY-
*No Cost*
In-Person Classes

## LOCATIONS & CLASS SCHEDULE

**TUESDAYS 10:00-11:00 AM/10:30-11:30 AM**

**Ellsworth Public Library**
Jan 12, Feb 2, & March 2, 10:30-11:30 AM

**Amery Public Library**
Jan 26, Feb 16, & March 16, 10:00-11:00 AM

**Hammond Public Library**
Jan 19, Feb 9, & March 9, 10:30-11:30 AM

## REGISTER TODAY

Scan here to register, visit frcscv.org/register-today/