**What is ECE FASTworks?**

Post-FAST, families continue to meet monthly for 2 years or more through FASTWORKS, a supplemental program which is led by Parent Graduates.

FASTWORKS provides a supportive environment where families can practice the positive skills they learned during the program and have a forum for working together to reach shared goals. It is designed to:

* Unite families and schools to help children succeed
* Empower parents, teachers, children, and families
* Enhance a sense of community
* Provide a network of knowledge, skills, and understanding

By taking responsibility for FASTWORKS, parents can act as advocates for themselves and their children, and as leaders in their community and school. FASTWORKS, according to many FAST Parent Graduates, is where they’re able to work to make their hopes and dreams become reality.

FASTWORKS is led by parents and parent partners with support from FRCSCV that:

* Builds bonds, trust and supportive networks
* Continues to build bonds, trust and supportive networks
* Environment supportive of true parent empowerment and shared governance
* Is a respectful process
* Builds multiple levels of social supports for children, youth and parents