

The Hands on Dad

Bonding Through Infant Massage Workshop

Join Family Resource Center St. Croix Valley for a FREE class designed exclusively for dads and male caregivers of children newborn–10 months in Pierce, Polk, and St. Croix Counties!

Class Topics

Learn from a certified FRCSCV Parent Educator

Discussion topics will range from:
- Crying
- Sleep
- Benefits of massage
- Behavioral states
- Baby cues / respect for baby

Learn relaxation exercises & sing songs

Provided items: oil for massaging, baby dolls (if baby is sleeping) & blankets.

Class Details

Saturday, January 9, 10:00 - 11:00 AM

Western Wisconsin Health - Conference Room 1
1100 Bergslien St, Baldwin, WI 54002

This is a dad/male caregiver class only!

Learn new massaging strokes to help grow the attachment & bond with your baby!

Register today!

Registration is encouraged but not required. Scan here with your camera phone to register visit frcscv.org/register-today/ or call 715.684.4440

WESTERN WISCONSIN HEALTH

Serving Families in Pierce, Polk and St. Croix Counties
Family Resource Center
St. Croix Valley