

ALOHA



June



RECOVERING TOGETHER CAFE FRIDAY, JUNE 19TH | 11:00 - 11:00 AM

ST. CROIX COUNTY SERVICES CENTER, NEW RICHMOND, WI 54017

JOIN FAMILY RESOURCE CENTER ST. CROIX VALLEY & ST. CROIX COUNTY FOR

This no-cost program is for families with young children in Pierce, Polk or St. Croix Counties healing from recovery/trauma or supporting recovery of addiction or trauma such as, but not limited to:

**SUBSTANCE USE DISORDER - MENTAL HEALTH - GRIEF - POSTPARTUM - UNHEALTHY RELATIONSHIP
EATING DISORDER - GAMBLING - MEDICAL CRISIS - OTHER TRAUMA**

Find ways to embrace change in various aspects of your life. Some questions/topics for discussion are:

PHYSICAL

- When was the last time you felt great, physically?
- Where do you go to feel physically great?
- What makes you feel like you look your best?

ENVIRONMENTAL

- What does your environment say about you?
- What do you do to give back to your neighborhood?
- How has where you spend your time changed over the course of your recovery?

PARTICIPANTS RECEIVE

- **NO-COST MEAL**
- **CHILDCARE**
- **\$20 GAS CARD***
- **CHANCE TO WIN A GIFT BASKET**

**One per family*

REGISTER TODAY!

Scan the QR Code with your camera phone, visit frscv.org/register-today/ or call 715.684.4440



Family Resource Center

St. Croix Valley

Serving Families in Pierce, Polk and St. Croix Counties