

**Get In Touch**

# CRISIS NUMBERS

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**988**

(Free, Confidential 24/7 Suicide & Crisis Lifeline)

Call or Text 988

[988lifeline.org](http://988lifeline.org)

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**Northwest Connections**

(24/7 Mental Health and AODA Hotline)

888-552-6642

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**Polk County Behavioral Health**

715-485-8400

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**Resources for Older Adults**

Adult Protective Services  
Adult-At-Risk and Elder Abuse  
715-485-8400

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## MENTAL HEALTH TASK FORCE OF POLK COUNTY

The Mental Health Task Force of Polk County (MHTF) works to improve mental health in our community through education and innovative programming. We work with community partners to:

- Increase mental health literacy.
- Improve access to mental health services.
- Reduce suicides to zero in Polk County.

For more information about our programs and events, please visit our website or follow us on social media.

FOR MOST UPDATED  
INFO ON MENTAL  
HEALTH SERVICES,  
PLEASE VISIT:



### FOLLOW US ON SOCIAL MEDIA:

 [@mentalhealthtaskforce.polk](https://www.facebook.com/mentalhealthtaskforce.polk)

 [@mentalhealthtaskforcepolkco](https://www.instagram.com/mentalhealthtaskforcepolkco)

 [@mentalhealthtaskforcepolkco](https://www.linkedin.com/company/mentalhealthtaskforcepolkco)

[WWW.MENTALHEALTHPOLK.ORG](http://WWW.MENTALHEALTHPOLK.ORG)

A GUIDE TO

# Mental Health Services

POLK COUNTY, WI



**MENTALHEALTH**  
TASK FORCE OF POLK COUNTY

P.O. BOX 432, ST. CROIX FALLS, WI 54024  
MAIL@MENTALHEALTHPOLK.ORG

# MENTAL HEALTH RESOURCES

\*All organizations listed accept private insurance (Medica, Blue Cross, HealthPartners, etc.) or allow for self-pay.

	CONTACT NUMBER	LOCATION	COUNSELING	DEVELOPMENTAL DISABILITY SERVICES	DAY TREATMENT OUTPATIENT	PSYCHIATRIC SERVICES	SUBSTANCE USE	PSYCHOLOGICAL TESTING & EVALUATIONS	RESIDENTIAL OR INPATIENT	PAYMENT
Amery Behavioral Health Center - Outpatient healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0060	Amery	✓			✓				MA, MC, PI
Amery Behavioral Health Center - Inpatient healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0070	Amery						✓ (18+)		MA, MC, PI
Amery Programs for Change healthpartners.com/care/hospitals/amery/specialties/behavioral-health/	715.268.0060	Amery				✓				MA, MC, PI
Family Therapy Associates ftacounseling.com	715.246.4840	St.Croix Falls	✓							MA, PI, SF
Higher Ground Family Therapy highergroundfamilytherapy.com	715.440.5245	Osceola	✓							SF
Travis Hinze, PhD, Licensed Psych. hinzephhd.com	800.994.4693	Osceola	✓	✓				N, C, P		MA, MC, PI
Hope Road Wellness Center hoperoadwellness.com	715.869.6484	Frederic	✓							MA, MC, PI, SF
House of Hope thehouseofhope3.com	715.483.3000	Osceola	✓	✓						MA, PI, SF
Inner Peak Counseling and Consulting innerpeakcounseling.com	715.994.2776	Amery	✓							MC, PI
NorthLakes Community Clinic nlccwi.org	715.986.2640	Turtle Lake	✓					C		MA, MC, PI, SF
Northwest Journey Day Treatment nwcgc.com/northwest-journey/	715.268.5404 715.349.2829	Amery Siren	✓		✓					MA, PI
Northwest Passage, LTD nwpltd.org	715.327.4402	Frederic								PI
Osceola Medical Center myomc.org/services/mental-health-and-addiction-services	715-294-5680	Osceola								MC, PI, MA
Peace Tree Counseling peacetrecounseling.com	715.417.3241	Osceola	✓	✓		✓	✓	N, C, P	✓	MA, PI, SF
Polk County Behavioral Health polkcountywi.gov/polkcountybhdept/	715.485.8400	Balsam Lake	✓	✓		✓	✓	P		MA, MC, PI, SF
Reflections Counseling of Northwest Wisconsin reflectionsounselingnwwi@outlook.com	715.318.1319	Balsam Lake	✓							PI, SF, MA
St. Croix Valley Counseling, LLC stcroixvalleycounseling.com	715.961.1055	St.Croix Falls	✓							PI, SF, MA
St. Croix Health Behavioral Health saintcroixhealth.org/our-services/behavioral-health/	715.483.0243	St.Croix Falls	✓	✓		✓		C, P		MA, MC, PI, SF
Thoen Counseling Services	612.554.8914	Osceola	✓	✓						MA, PI, SF

 = Perinatal Mental Health Experience or Expertise

## KEYS:

PAYMENT KEY: **MA** = Medical Assistance (Badger Care, Medicaid, Benchmark) **MC** = Medicare **PI** = Private Insurance **SF** = Sliding Fee Scale

PSYCHOLOGICAL TESTING KEY: **N** = Neurological Psychological. **C** = Court Ordered. **P** = Psychological

THE MHTF IS A NON-PROFIT, 501(C)(3). IF YOU WISH TO GIVE A GIFT IN MEMORY OR IN TRIBUTE TO SOMEONE, OR MAKE A GENERAL DONATION, VISIT THE WEBSITE OR MAIL TO: MHTF OF POLK COUNTY | PO BOX 432 | ST. CROIX FALLS, WI 54024